A.S. WILDERNESS RECREATION LEADERSHIP
(HEGIS 5506.10)

I.	PROGRAM CORE COURSES (22 credits)		CREDITS	SEMESTER	GRADE
A.	HED160	Wilderness First Responder *(Spring only)*	3		
B.	REC101 REC/ SPM150	Introduction to Leisure Services *(Fall only)* or Introduction to Sports Management *(Spring only)*	3		
C.	REC115	Intro to Wilderness Recreation Leadership *(Spring only)*	3		
D.	REC235	WRL Seminar *(Fall only – Pre-req: REC240; or permission of instructor)*	1		
E.	REC240	Wilderness Fall Practicum *(Fall only – Pre-req: PSY105; REC115; PED167; HED160)*	4		
F.	REC249	Wilderness Winter Practicum *(Fall only – Pre-req: REC240)*	3		
G.	REC251	Wilderness Management *(Spring only – Pre-req; REC240 and 249; or permission of instructor)*	3		
H.	REC Electives (2 credits) 1. REC 236 NYS Guide License Prep Course Recommended		1		
	2.		1		

II.	LIBERAL ARTS AND SCIENCE (31 credits)	CREDITS	SEMESTER	GRADE
A.	SOCIAL SCIENCE (6 credits) 1. PSY 105 Leadership	3		
	2. SOC 101 Introductory Sociology or SOC 108 Sociology of Diversity	3		
B.	HUMANITIES (9 credits) 1. ENG 101 English Composition I	3		
	2. ENG 105 Public Speaking	3		
	3. HUMANITIES ELECTIVE Select from any course that meets General Education requirement for Humanities.	3		
C.	MATHEMATICS (3 credits) Select from MAT 121 or higher. **(MAT 121 Elementary Statistics is recommended)** 1. MAT	3		
D.	NATURAL SCIENCE with LAB (4 credits) 1. BIO/ENV 104/108 Environmental Science + Lab	4		
E.	LIBERAL ARTS and SCIENCE ELECTIVES (9 credits) (Note: The courses selected must meet General Education requirements and two (2) of the following General Ed areas not met in Section IIA: Art, Math, History, World Languages, Humanities, Natural Science, Social Science).			
	1.	3		
	2.	3		
	3.	3		

III.	GENERAL ELECTIVES (9 credits)	CREDITS	SEMESTER	GRADE
	Select any credit courses offered at the College (Note: ENG 100, MAT 100 and RDG 100 are General Electives.) 1. CIS 130 Productivity Computing OR CIS 221 Data Management and Analysis	3		
	2.	3		
	3.	3		

IV.	PHYSICAL HEALTH	CREDITS	SEMESTER	GRADE
	1. PED 167 Lifeguarding	2		

MINIMUM TOTAL CREDITS   64

Updated: 5.2025