

NCCC Sparks Athletic Facility Rules and Regulations

General Use

1. Children under the age of 15 **MUST** be supervised at all times by an adult who is at least 18 years of age when visiting or using athletic complex facilities. Unsupervised and/or disorderly children may be asked to leave the athletic complex.
2. A community recreation pass, day pass, or student ID is required for admission to use athletics complex facilities. Please see the Athletic Facilities Manager for more information. Photo identification **MUST** also be furnished upon request by Athletic Facility Manager or Facility Supervisor. Students who do not have a valid and current NCCC Student ID will be charged for an adult daily admission.
3. Smoking is prohibited in the athletic complex.
4. Pets are **NOT** permitted in the athletic complex (with the exception of service animals belonging to disabled individuals).
5. Bicycles and skateboards are **NOT** permitted in the athletic complex.
6. Food and beverages are **ONLY** allowed in the lobby. **NO** food or beverages are permitted in any activity area, including locker rooms.
7. NCCC is **NOT** responsible for lost or stolen items! Lockers are available; locks must be supplied by the NCCC Athletics Department. **NO** personally-owned locks may be used. Locks can be rented from the P.E. Facility office for a \$5.00 deposit for the semester. At the end of the semester, all lockers must be emptied and locks returned. Deposits will be returned upon receipt of the lock. Individuals who do not return NCCC locks by 12:00 noon on the last day of community recreation will forfeit their \$5.00 deposit. Any personal locks used on NCCC lockers will be cut off at the lock owner's expense.
8. With the exception of a walkman type headset radio/CD player, no "boom boxes" or portable radios/stereos are permitted in the Complex.
9. The following are **NOT** permitted at any time: tampering with emergency doors, bouncing balls outside of gymnasium, dunking or hanging on the basketball rims/nets, slamming or dropping the weight equipment, and no climbing or playing under the bleachers.
10. Daily admission fees will not be prorated. Semester Passes will be prorated mid-semester.
11. All Sparks Athletic Complex times are subject to change without notice.
12. The Athletic Facilities Manager, Facility Supervisor, and/or lifeguard(s) have the authority to dismiss anyone from the facility at any time.

Pool Use

1. All swimmers **MUST** submit their community recreation passes, day passes or student ID's to the lifeguard on-duty.
Absolutely no one is permitted to enter the pool without first submitting his/her pass to the lifeguard.
NO EXCEPTIONS!
2. All swimmers **MUST** sign in the pool log before using the pool.
3. All swimmers **MUST** shower prior to entering the pool.
4. Swimmers and spectators will enter and exit the pool through the locker rooms **ONLY**, unless the lifeguard gives alternate instructions.
5. Appropriate swimwear is required. Bathing suits of nylon or synthetic materials are preferred. T-shirts may be worn with the permission of the lifeguard on duty.

6. All swimmers with hair **MUST** wear a swim cap. Swimmers are responsible for providing their own swim caps. Swim caps can be purchased from the Athletic Facilities Manager.
7. Absolutely **NO** food or beverage are permitted in the pool, pool area or locker rooms at any time.
8. Inflatable devices are not allowed in the pool at any time. Arm "floaties", aqua joggers, kick boards, and other such devices are acceptable.
9. Adult Lap Swims are restricted to adult over the age of 15 years. Individuals with competent swimming skills **MAY** be allowed to participate in scheduled lap swims **ONLY** with the permission of the on-duty Athletic Facility Manager, Facility Supervisor, or lifeguard on-duty (these swimmers may be asked to demonstrate their swimming abilities prior to approval).
10. Open Swims will allow 2-3 lanes of adult lap swimming (ages 15 years or older) and 3-4 open lanes of Family Swim space. Lap swimming is **NOT** permitted in open lanes. Children and non-lap swimmers are **NOT** permitted in lap lanes.
11. Lap swimming is prohibited during Family Swim sessions.