

**A.A.S. MASSAGE THERAPY  
(HEGIS #5299)**

*Note: (A grade of "C" (73%) or better is required in all core courses to progress to next course in program)*

<b>I. CORE COURSES</b> (Minimum of 49 credits)	<b>Cr</b>	<b>Semester</b>	<b>Grade</b>
<b>A. BIO109</b> Human Biology OR <b>BIO215</b> Anatomy & Physiology I	4		
<b>B. BIO 216</b> Anatomy & Physiology II	4		
<b>C. BIO 230</b> Kinesiology	4		
<b>D. BIO 240</b> Myology	4		
<b>E. BIO 255</b> Introduction to Disease	3		
<b>F. BUS 110</b> Business Math (May sub MAT121 or higher)	3		
<b>G. HED 115</b> CPR	.5		
<b>H. HED 140</b> Basic First Aid	.5		
<b>I. MAS 110</b> Western Massage I	4		
<b>J. MAS 111</b> Western Massage II	4		
<b>K. MAS 120</b> Eastern Massage I	4		
<b>L. MAS 121</b> Eastern Massage II	4		
<b>M. MAS 210</b> Western Remedial Massage	4		
<b>N. MAS 211</b> Advanced Topics in Massage Therapy	4		
<b>O. MAS 251</b> Massage Clinical I	1.5		
<b>P. MAS 252</b> Massage Clinical II	1.5		

<b>II. LIBERAL ARTS AND SCIENCE</b> (minimum 9 credits)	<b>CR</b>	<b>Semester</b>	<b>Grade</b>
<b>A. ENG 101</b> English Composition I (1 <sup>st</sup> semester)	3		
<b>B. Select from:</b> PSY 101, PSY 130, PSY 138, PSY 202, PSY 263 (Note: PSY101 is a prereq for PSY 202 and 263)	3		
<b>C. SOC 108</b> Sociology of Diversity	3		

<b>III. GENERAL ELECTIVE</b> (3 credits)	<b>CR</b>	<b>Semester</b>	<b>Grade</b>
<b>Select from:</b> Any credit courses offered at the College.	3		

<b>IV. PHYSICAL HEALTH</b> (1 credit)	<b>CR</b>	<b>Semester</b>	<b>Grade</b>
<b>HED 109</b> Somatic Self Care	1		

**MINIMUM TOTAL CREDITS 63**